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| --- | --- |
| Name |  |
| Yes / No | Do you intend picking up before midday on Saturday? |

* ***Orders to be in by 10.30 am Thursday 9th July***
* ***Pick up between 11.30 am – 1.00 pm Saturday 11th July at the Garden Room, Jean Melzer (Bass Coast Adult Learning) Centre, Bass Hwy***
* *Foods with an asterisk are certified organic, and all are Australian except as noted*
* *Toilet paper = premium made with 100% forest friendly bamboo; no inks, dyes or scents; 50% of the supplier’s profit is donated to help build toilets.*

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|  **Item** ***Please ask re other items, e.g., feed grains and layer kibble*** | **Member[[1]](#footnote-1) price[[2]](#footnote-2)** | **Quantity** | **$** |
| **BREAD** (Oak & Swan wood-fired)**:**  \* Fruit Loaf (Gippsland) \*  | $ 10.00 each |  |  |
| \* Whole Wheat (Gippsland) \* | $ 7.00 each |  |  |
| \* Seeds & Sprouts (Gippsland) \* | $ 8.00 each |  |  |
| \* Spelt Loaf (Gippsland) \* | $ 10.00 each |  |  |
| **NEW \* Wholegrain Rye Loaf (Gippsland) \*** | $ 7.50 each |  |  |
| **FRUITS/SEEDS/NUTS:** \* Dried figs (Turkey) \* | $ 20.00 / kg |  |  |
| \* Dates (Turkey) \* | $ 28.70 / kg |  |  |
| \* Dried sultanas (Vic) \* | $ 9.00 / kg |  |  |
| \* Dried apricots (Turkey) \* | $12.90 / kg |  |  |
| \* Dried prunes (NSW) \* – 1 kg bag  | $ 13.10 / each |  |  |
| \* Sunflower seeds (SA) \* | $ 19.00 / kg |  |  |
| Raw almonds (Vic) | $ 19.80 / kg |  |  |
| Cut walnuts (USA) | $ 11.70 / kg |  |  |
| **LEGUMES/PULSES:** \* Soy Beans (NSW) \* | $ 4.00 / kg |  |  |
| \* Mung Beans (Qld) \* | $ 6.40 / kg |  |  |
| \* Chick peas (Qld) \* | $ 11.40 / kg |  |  |
| **NEW \* Lentils – split red (NSW) \*** | $ 10.25 / kg |  |  |
| \* Lentils – whole red (Vic) \* | $ 8.00 / kg |  |  |
| **GRAINS/CEREALS/RICE:**  \* Pearl barley (Vic) \* | $ 4.95 / kg |  |  |
| \* Polenta (SA) \* | $ 6.00 / kg |  |  |
| \* White quinoa (Tas) \* | $ 12.05 / kg |  |  |
| \* Rolled oats (Vic) \* | $ 5.50 / kg |  |  |
| \* Rice – medium grain brown (Vic) \* | $ 5.50 / kg |  |  |
| **NEW \* Semolina (Vic) \*** | $ 3.75 / kg |  |  |
| **NEW \* Buckwheat kernels (Vic) \*** | $ 11.15 / kg |  |  |
| \* Wheat grain (Vic) \* – 20 kg bag | $ 43.50 each |  |  |
| **TOFU:** \* Silken – 300 gm (Vic) \* | $ 4.95 each |  |  |
| \* Firm – 375 gm (Vic) \* | $ 5.90 each |  |  |
| **FLOUR:** \* Wheat flour – wholegrain (Vic) \* | $ 3.60 / kg |  |  |
| \* Wheat flour – sifted white (Vic) \* | $ 3.80 / kg |  |  |
| \* Wheat flour – premium white bakers (WA) \* | $ 4.45 / kg |  |  |
| \* Spelt flour – wholegrain (Vic) \* | $ 6.70 / kg |  |  |
| \* Buckwheat flour – wholemeal (Tas) \* – 1 kg box  | $ 12.80 / each |  |  |
| \* Chickpea flour (Vic) \* | $ 12.30 / kg |  |  |
| **OLIVE OIL:** \* Cockatoo Grove Extra Virgin (Vic) \* | $ 15.00 / ltr | NOT AVAILABLE  | DURING COVID |
| **COOKING CHOCOLATE:** Dark Chips (Aust) | $ 10.90 / kg |  |  |
| **PASTA:** \* Spelt Spaghetti – 375 gm (Vic) \* | $ 8.75 each |  |  |
| **SUGAR:** \* Raw/Golden (Brazil) \* | $ 4.35 / kg |  |  |
| **TOILET PAPER:** 370 sheet rolls  | $ 1.20 each |  |  |
| **BOOMERANG BAGS** [*www.boomerangbags.org*](http://www.boomerangbags.org) | $ 2.00 each |  |  |
| **ADD PRO RATA ANNUAL MEMBERSHIP FEE IF OWING (JULY = $14)** |  |
| **YOUR TOTAL** |  |

Comments, suggestions and feedback are always very welcome:

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1. Non-members can purchase stock also. The price for non-members is as above plus 20%. [↑](#footnote-ref-1)
2. We may be able to offer a discount on some items if you buy a whole bag as supplied to us – the size of bags differ by product, many are about 10 kg. Call us if you would like to know specific quantities and prices. [↑](#footnote-ref-2)